

# OCTOBER 2021

## RICHLAND AND ITHACA SCHOOL DISTRICTS

"This institution is an equal Opportunity provider"

Monday

Tuesday

Wednesday

Thursday

Friday



Nacho's with Beef or Brat  
Green Beans  
Mandarin Oranges

4

Chicken Nuggets or BBQ Rib  
Baked Beans  
Mixed Fruit  
Dinner Roll  
Dessert

5

Soft Shell Taco or Pizza Burger  
Corn  
Pears

6

Teriyaki Chicken over Rice Or Fish Sticks  
Steamed Carrots  
Pineapple  
Dinner Roll

7

Pizza or Cold Cut Sandwich  
Spinach Salad  
Baby Carrots  
Peaches  
Breadstick

8

RC - Homecoming

Corn Dog or Salisbury Steak Sandwich  
Mixed Veggies  
Applesauce  
Dinner Roll

11

Chili or Fish Sandwich  
Carrots  
Pears  
Corn Bread

12

Quesadilla or Hamburger  
Baked Beans  
Mandarin Oranges  
Dessert

13

Chicken Patty or Polish Sausage  
Caesar Salad  
Baby Carrots  
Peaches

14

Meatball Sub or Hot Ham Cheese  
Corn  
Tropical Fruit

15

ITHACA - Early Release

RC - Early Release

RC - No School

Mac & Cheese or Mini Corn Dogs  
Green Beans  
Pears  
Dinner Roll

18

Chicken Fajita or Fish Sticks  
Spanish Rice  
Applesauce  
Breadstick

19

Cheese Burger or Pizza Dipper  
Carrots  
Mixed Fruit  
Dessert

20

Pizzaroni Hot Dish or Turkey Sub  
Corn  
Pineapple  
Dinner Roll

21

Grilled Cheese & Tomato Soup or Hot Dog  
Fresh Veggies & Dip  
Mandarin Oranges

22

ITHACA - No School

BBQ Pork Sandwich or Chicken Parmesan  
Peas  
Pears  
Breadstick

25

Beef Stroganoff or Chicken Nuggets  
Mashed Potatoes  
Peaches  
Dinner Roll / Dessert

26

Cheese Omelet or Cheddarwurst  
Hash Brown  
Warm Cinnamon Applesauce  
Biscuit

27

Chicken & Noodles or Pizza Burger  
Carrots  
Apples Slices  
Bread / Dessert

28

Pizza or Hot Ham & Cheese  
Baked Beans  
Mixed Fruit  
Dinner Roll

29

MILK IS SERVED WITH ALL MEALS

All meals are subject to change due to product availability.

Any Food Service questions contact Jodie at 647-6063 or at prej@richland.k12.wi.us