



# OCTOBER 2021

6<sup>th</sup> - 12<sup>th</sup> Grade

All students eat for FREE this year!

Monday

Tuesday

Wednesday

Thursday

Friday



**4**  
Chicken Tenders  
Golden Sweet Corn Kernels  
Mixed Fruit

**5**  
Taco Tuesday!  
Walking Tacos with Taco Meat, Shredded Lettuce, Cheese, Black Beans, Salsa & Chips  
Apple  
Milk

**6**  
Ultimate Cheese Breadsticks  
With Marinara Cup  
Applesauce  
Milk

**7**  
Chicken Mac N' Cheese  
Roasted Broccoli  
Peaches  
Milk

**1**  
Buffalo Chicken Pizza  
Baby Carrots  
Peaches  
Milk

**8**  
Hot Meatball Sub  
French Fries  
Peaches  
Milk

**11**  
No School  
Columbus Day

**12**  
Taco Tuesday!  
Walking Tacos with Taco Meat, Shredded Lettuce, Cheese, Black Beans, Salsa & Chips  
Apple  
Milk

**13**  
General Tso's Chicken  
White Rice  
Green Beans  
Milk

**14**  
Oven Roasted Chicken  
Golden Sweet Corn Kernels  
Applesauce  
Milk

**15**  
Pepperoni Pizza  
Baby Carrots  
Peaches  
Milk

**18**  
Cheeseburger  
French Fries  
Peaches  
Milk

**19**  
Taco Tuesday!  
Walking Tacos with Taco Meat, Shredded Lettuce, Cheese, Black Beans, Salsa & Chips  
Apple  
Milk

**20**  
BBQ Chicken Pizza  
Baby Carrots  
Pears  
Milk

**21**  
Homemade Broccoli  
Cheddar Soup  
Dinner Roll & Butter  
Mixed Fruit  
Milk

**22**  
No School  
Conference Day

**25**  
Crispy Chicken Sandwich  
French Fries  
Golden Sweet Corn Kernels  
Milk

**26**  
Taco Tuesday!  
Walking Tacos with Taco Meat, Shredded Lettuce, Cheese, Black Beans, Salsa & Chips  
Apple  
Milk

**27**  
Tangerine Chicken  
White Rice  
Green Beans  
Milk

**28**  
Spaghetti & Meatballs  
Roasted Broccoli  
Peaches  
Milk

**29**  
Cheeseburger  
French Fries  
Roasted Carrots  
Orange Jello

Offered Daily at Lunch: PB&J or Yogurt & Bagel

Breakfast:

Will include a Variety of items such as Cereal, Yogurt, Bagel, Granola Bar, Iced Yogurt 'Coffees', Fresh Fruit Smoothies, Rotating Hot Entrees  
Fresh Fruit, Milk & Juice

This menu is subject to change without advance notice.  
Contact the Food Service Office if you have any questions, comments or concerns.  
We can be reached by phone at (607)844-8694 x 4205.



Online Payments for Student Accounts