8. Who are your support people? (Home, school, work)

7. Do you have any nightmares?

6. What are your dreams for your future?

5. What types of jobs have you had? What type of jobs do you want to do?

4. Where do you want to live? What type of place do you want to live in?

3. What do you like to do in your free time?

2. What are the things you are good at?

1. Who is #1

Questions for the Person-Centered Plan
will be reviewed at least once a year before your annual IEP.

In your classroom, remember this is a process and the Person Centered Plan
will assist you with developing a personal action plan. After the meeting is held,
and you have decided on a date, time, and place for the meeting, you will need to send
out personal invitations. The action plan is a checklist of your personal goals.

The final step of the meeting is developing the action plan. Once you have decided on a date, time,
home, restaurant or coffee house. You decide where you want the meeting to be held. (School,
parent, brother, sister, aunt, uncle, grandparent, best friend, coach, school counselor.
You invite whoever you feel knows you best. It can be a relative.

A person centered plan is a process that focuses on your interests and what matters to you.

Explanation of the Person Centered Plan for the Student

The individual needs of the student.

The Facilitator should conduct the meeting according to
plan from the IEP. The facilitator should develop the Individual Transition
Information from the IEP can be used to develop the Individual Transition
Interests. An action plan is developed based on the results of the meeting.

A person centered plan is a process of self-inquiry. A series of questions are
Driven, choice-making, and a process of self-discovery

Outcomes

Person Centered Plan Guidelines
Steps for the Student

15. Re-visit the Person Centred Plan each year prior to the IEP.

14. Assist the student with checking off each goal of the Action Plan as if it is completed.

13. Assist the student with developing the results of the PEP into a presentable format such as a Power Point.

12. Use the PEP to develop the Transition Plan.

11. Based on the responses to the prepared questions, develop an Action Plan.

10. Facilitate asks each question and records the participants responses.

9. Facilitator reads the purpose and guidelines of the PEP.

8. Set the room up for the meeting and have materials available.

7. If appropriate, provide the student with a list of the questions prior to the meeting.

6. Student delivers and/or mails invitation to participants.

5. Assist the student with writing an invitation to each participant.

4. If the PEP is held at school, find a room that is quiet without being held.

3. Assist the student with determining where and when the meeting will be held.

2. Assist the student with deciding who they would like to invite to the meeting.

1. Read or explain the purpose and process of the Person Centred Plan.

Steps for the Teacher

- Student visions should be valued and explored throughout the Action Plan.
- Participants should be supportive of the student’s vision.
- One person talks at a time.
- All ideas and opinions are respected.

Guidelines to be read before the meeting.
Materials: Questions, picture prompts, format for action plan.

and should be included in the action plan.

no, maybe, The maybe responses become yes, as you area to explore
the question about student dreams, sort picture cards into categories yes,
with a question and start person flips through picture prompts. When asking
student’s home, a restaurant, coffee house etc the student is presented
structure. This format can be used in different environments. school.
Students who may need a visual picture prompt will respond best to this

Format 2

colored markers, masking tape
Materials: Copy of list of questions for student, chart paper with questions.

around the room. Write responses to the questions on the chart paper.
throughout the meeting. If the meeting is held at school, hang chart paper
the student with a hard copy of the questions that they can refer to.
This format can be used for a student who has some reading abilities. Present

Format 1

9. Check off each goal of the action plan as completed.
8. Thank everyone for attending your meeting.
7. Participate in the person centered plan.
6. Read through the questions and think about your responses.
5. Check with your teacher for a list of the questions that will be asked.