Note: Fill in the month and dates, and post this calendar on your refrigerator. Then, encourage your child to do an activity a day.

**Middle Years Daily Calendar**

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SUNDAY</strong></td>
<td><strong>MONDAY</strong></td>
<td><strong>TUESDAY</strong></td>
<td><strong>WEDNESDAY</strong></td>
<td><strong>THURSDAY</strong></td>
<td><strong>FRIDAY</strong></td>
<td><strong>SATURDAY</strong></td>
</tr>
<tr>
<td>Explore centripetal force. Thread a bead on a string, and tie the ends of the string together. Swing the loop overhead in fast circles, then stop suddenly. The bead keeps spinning!</td>
<td>Send fan mail to a favorite author. Search for contact information online, and write an email or a letter that describes what you like about the author’s books.</td>
<td>Create a “found poem.” Select several books with interesting titles, and stack them. Rearrange until you’re satisfied with the poem the titles form.</td>
<td>Play charades—with a twist! Instead of having one person at a time act out a clue for others to guess, appoint one person the guesser. The other players act out the clues as a team.</td>
<td>Have family members share reading material at dinner. You might read a newspaper editorial or a magazine advice column, for example.</td>
<td>Hang up a world map. When you read or hear about a place in the news, put a sticky note or thumbtack on it. Idea: Use one color to flag places you want to visit someday.</td>
<td>Be on time! Using a watch, clock, or timer, see how much time you can accomplish. Choose a photo from a newspaper or magazine. You get 60 seconds to make up a story about it. Use details like scenery and facial expressions for inspiration.</td>
</tr>
<tr>
<td><strong>ENGINEER A PLAY</strong></td>
<td><strong>BACKYARD GAME</strong></td>
<td><strong>WRITE A JOURNAL</strong></td>
<td><strong>HAVE FAMILY MEMBERS SHARE READING MATERIAL AT DINNER</strong></td>
<td><strong>HANG UP A WORLD MAP</strong></td>
<td><strong>BEING ON TIME</strong></td>
<td><strong>CHOOSE A PHOTO FROM A NEWSPAPER OR MAGAZINE</strong></td>
</tr>
<tr>
<td>Engineer a tabletop version of a video game. For “Angry Birds,” place plastic animals on block towers. Then, use a rubber band to launch Ping-Pong balls and knock down the towers.</td>
<td>Play a backyard game with your family. Possibilities include frisbee, bean bag toss, or badminton.</td>
<td>Start a word journal. Whenever you read or hear a new word, add it along with its definition and an illustration. Then, use your new words when you write.</td>
<td>Roasting vegetables like brussel sprouts or carrots makes them sweeter and crispier. Search online for recipes, print one out, and cook the dish for your family.</td>
<td>Engineering challenge! Build the tallest possible structure using marshmallows and uncooked spaghetti. You may also use tape, string, and scissors.</td>
<td>Look for errors on signs. You might find misspelled words, missing punctuation, or incorrect capitalization. Can you find any that make you laugh?</td>
<td></td>
</tr>
<tr>
<td><strong>HOW MUCH DO CREDIT CARD PURCHASES REALLY COST?</strong></td>
<td><strong>ANALOGIES USE SIMILARITIES TO MAKE COMPARISONS</strong></td>
<td><strong>WRITE A LETTER TO A FRIEND</strong></td>
<td><strong>DISCOVER SOME OF YOUR ANCESTRY BY RESEARCHING YOUR FAMILY NAME ONLINE</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pretend you owe $500, have a 20% annual interest rate, and pay $50 per month. How long will it take you to pay it off? (Note: You pay interest on interest.)</td>
<td>Analogies use similarities to make comparisons. Example: Herd is to cows as swarm is to ___________. Have family members take turns thinking of analogies. Can you figure them out?</td>
<td>Write a letter to a friend. Tell what you appreciate about the person and what positive impact he or she has on your life.</td>
<td>Discover some of your ancestry by researching your family name online. What does it mean? Where did it originate? Share what you learn with relatives.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>LIST 3–5 THINGS YOU WANT TO ACCOMPLISH NEXT SCHOOL YEAR. EXAMPLES: AUDITION FOR A PLAY, SUBMIT PHOTOS TO THE SCHOOL NEWSPAPER. HOW MANY CAN YOU ACHIEVE?</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Standley Middle School
William Pearson, Principal

Middle Years Daily Calendar

© 2020 Resources for Educators, a division of CCH Incorporated
### Middle Years Daily Calendar

**SUNDAY**
- Create a chore box. Write tasks on separate slips of paper, and put them in an empty tissue box. Family members take turns drawing a slip and completing the chore.

**MONDAY**
- Invent a new card game. Design cards (perhaps on index cards), and write instructions. Then, play the game with your family.

**TUESDAY**
- Line up 10 plastic cups and flip 5 upside down. Set a timer for 5 minutes. One player tries to get them all right-side-up while the other works to turn them upside down. Get the most cups your way to win.

**WEDNESDAY**
- Look for physical science in your favorite sports. For example, some skateboarding tricks involve gravity, lift, drag, and thrust—the same physics that apply to airplane flight.

**THURSDAY**
- Flip through a dictionary and match prefixes, suffixes, and roots to make up new words. Create imaginary definitions for them.

**FRIDAY**
- Learn a greeting in a foreign language spoken by a friend or neighbor. Greet the person in that language.

**SATURDAY**
- Call a relative you haven’t spoken to in a while. Ask questions about the person’s job, hobbies, and pets, and share information about your own life.

---

**Examples**

- Choose slip words, and (perhaps on index cards), upside down. Set a timer for 5 minutes. One player tries to get them all right-side-up while the other works to turn them upside down. Get the most cups your way to win.

---

**Resources for Educators, a division of CCH Incorporated**

© 2020 Resources for Educators, a division of CCH Incorporated

128 N. Royal Avenue, Front Royal, VA 22630 • 800-394-5052 • www.rfeonline.com