

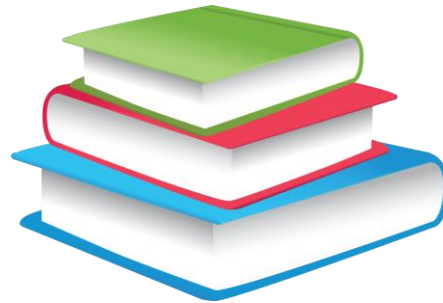
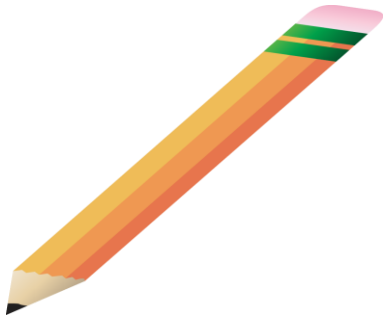
Jefferson Elementary Celebration Policy

Healthy celebrations are a part of the overall culture of health and wellness at Jefferson. If you wish to recognize your child's birthday with a classroom celebration, please follow the guidelines below. Also, please check with your child's teacher first to determine the best time of day and if there are any restrictions.

***** If you send an item to school for your child's birthday, please remember *****

Non-food items are preferred, some examples include:

- ◆ pencils
- ◆ stickers
- ◆ glowsticks
- ◆ a new book for the classroom



If you choose to send a food item, it should be a healthy treat. No cookies, candy, cake, cupcakes, soda, juice or chips are allowed. Some examples of a healthy treat include:

- ◆ fruit
- ◆ pretzels
- ◆ un-buttered popcorn