Dear Challenger Families,

The following is a guide to help you with the process of when your child has a positive COVID-19 case or has symptoms of COVID-19.

If your child has any symptoms, they must stay home. Please contact our attendance clerk, Maria Yap, AND our school nurse, Anna Hensler, to inform the school. Your student is welcome to participate in classes online, but should not physically attend school.

1. **For any students who report a positive test, ensure that they are at home in isolation for 10 days and contact our school nurse.** We also ask you to complete the following form:
   - Student Form

2. **For any students who are staying home due to symptoms or went home due to symptoms, the school nurse, Anna Hensler will guide you through the next steps.** For the student with symptoms, if they get a COVID-19 test that is **negative** and they are not in quarantine from exposure, they can return in 24 hours if symptoms are resolved. If the student with symptoms does not get a test they need to stay at home for 10 days after symptom onset, or the date of that the positive test was collected, whichever is earlier. Return on or after day 11 with improving symptoms if fever free and no use of fever reducing medicines in the last 24 hours.

3. **For any students who report that they have been exposed to someone who tested positive for COVID-19, they MUST stay at home.** They will need to stay home for 15 days. Day 1 is the day after the last close contact with a person who is contagious. Testing is recommended on or after Day 5. Return to school before Day 15 includes additional requirements. Please check with our school nurse, Anna Hensler, to ensure an accurate date of return and additional requirement information.

If you have any questions, please contact our school nurse.

Maria Yap  
Challenger Attendance Clerk  
858-302-3000 x3021  
mpimentel-yap@sandi.net

Anna Hensler  
Challenger School Nurse  
858-302-3000 x3050  
ahensler@sandi.net