



# HOME OF THE GOLDEN BEARS

	Monday	Tuesday	Wednesday	Thursday	Friday
Menu #1	Hot Chicken/Bun Broccoli & Cheese Sweet Potato Fries Peaches Milk	Popcorn Chicken Mashed Potatoes w/ Gravy Corn Mandarin Oranges Milk	Nachos, Beef & Cheese Refried Beans Salsa Pineapple Cookie Milk	Hot Dog/Bun Macaroni & Cheese Green Beans Applesauce Milk	Pepperoni Pizza Romaine Salad Low Fat Dressing Key West Blend Orange Half Milk
Menu #2	Chicken Strips Mashed Potatoes w/ Gravy Cooked Carrots Cherry Crisp WG Dinner Roll Milk	Taco Sal/Chicken Plate Romaine Lettuce Tomatoes, Cheese Black Beans Peas Pears Milk	French Toast Sticks Sausage Hashbrown Green Pepper Sticks Orange Juice Milk	Corn Dog Vegetable Soup Grapes Yum Yum Cake Celery Milk	Cook's Choice
Menu #3	Chicken Drumstick Corn Romaine Salad Low Fat Dressing Orange Half Cookie/Pudding Milk	Stippy Joe/Bun Baked Beans Cheese Stick Tator Tots Banana Milk	S Salisbury Steak Mashed Potatoes w/ Gravy Steamed Broccoli Peaches Bread & Butter Milk	Cheese Quesadilla Tomato Soup Romaine Salad Low Fat Dressing Mandarin Oranges Milk	Cheese Pizza Mixed Vegetables Carrot Sticks Low Fat Ranch Fruit Slushie Milk
Menu #4	Chicken Nuggets Cooked Carrots Romaine Salad Low Fat Dressing Pears Milk	Teriyaki Chicken Brown Rice Oriental Vegetables Fortune Cookie Pineapple Milk	French Bread Pizza Refried Beans Romaine Salad Low Fat Dressing Fruit Cocktail Milk	Chili WG Cheese Toasties Peaches Peas Milk	Ravioli Breadstick California Blend Applesauce Brownie/Cake Milk
Menu #5	Meatball Sub Carrot Sticks Low Fat Dressing French Fries Oranges Milk	Chicken Patty/WG Bun Scalloped Potatoes Broccoli & Cheese Apple Half Milk	Calzone Peas Romaine Salad Marinara Apple Crisp Milk	Chicken & Noodles Mashed Potatoes Green Beans, Grapes WG Dinner Roll Milk	Walking Taco Romaine Lettuce Cheese Black Beans Salsa Fruit Slushie Milk
Menu #6	Choripatty/Bun Cheese Slice Tomato Slice French Fries Apple Half Milk	Orange Chicken Brown Rice Oriental Vegetables Mandarin Oranges Cookie Milk	Tortilla Joe Romaine Lettuce Cheese, Black Beans Salsa Rice Krispie Treat Applesauce Milk	Spaghetti Meat Sauce Romaine Salad Low Fat Dressing Bread Stick Peaches Milk	Cook's Choice

### BREAKFAST MENU

Day	Menu
MONDAY	Sweet & Salty Granola Bar Pancakes/French Toast Fruit Milk
TUESDAY	Cheese Omelet/Fruit Strudel Goldfish Graham Crackers Fruit Milk
WEDNESDAY	Cereal Cheese Stick Fruit Milk
THURSDAY	Breakfast Pizza/ Pancake & Sausage Wrap Bug Bites Graham Crackers Fruit Milk
FRIDAY	Cereal Bar/Pop Tarts Gripz Graham Cracker Bits Fruit Milk

### Prices

Grades K-5 \$3.25/Lunch  
Grades 6-12 \$3.50/Lunch  
Adult \$4.00  
Milk \$.50  
Breakfast \$1.75

**Menu is subject to change**

- Choices of milk are included daily with lunch.
- Breakfast is served daily.
- Free & Reduced Lunch Forms are Available at any school office.

• Follow the menu with its calendar day. Each week is represented by a color and represents a 6 week cycle menu.

