2015 South Brunswick Reads theme - Building Bridges

In cooperation with the South Brunswick Public Library, the SBHS librarians are proud to announce Building Bridges as the 2015 South Brunswick Reads theme. Showcasing photographs, artwork, and quotes that inspire thematic connections, the librarians offer six bridges that affirm the core belief that reading together builds bridges. Highlighted bridges include civil rights, overcoming adversity, family relationships, and bridges of escape or welcome, as well as a bridge to the 2014-15 Viking Challenge titles. The six themes are explained in detail in the SBHS Building Bridges brochure at https://docs.google.com/document/d/15KJmGF6BHQA1gpNBzjQRXWWooS9A9v9TeSg/edit?pli=1. To launch SB Reads, the librarians hosted a tea on Friday, February 27th. Students and teachers were treated to a cup of tea and talk of great books throughout the school day.

To support SB Reads and model lifelong reading for our students, the SBHS Reading Architects program will select a teacher, staff member, or administrator to highlight each month as a reading role model. The librarians will share favorite books and recommendations of the Reading Architect through a book display, wiki page, and other library swag. Building this bridge, will strengthen and expand our community of readers and, hopefully, introduce our students to a life-changing book. Congratulations to our first Reading Architect, Social Studies teacher Nicole Sanyigo. Please encourage your students to stop in and check out some of Ms. Sanyigo’s fantastic suggestions.

Summer Institute 2015: SBHS students plan for summer coursework

On Tuesday February 17th, SBHS students started to enroll for the Summer Institute.

The SBHS Summer Institute offers a set of courses which enable a student to advance a course level in a given sequence of courses, begin post-secondary study in an interest area, take a course of studies not currently offered during the school year at South Brunswick High School, complete more advanced or intense study in a given area of interest, or respond to a scheduling conflict which precludes the student taking a course critical to his/her educational plan. SBHS Summer Institute Courses for Advancement are available for credit. Students will automatically receive Option II credit on their transcripts that will count toward graduation credit, if students fulfill all course requirements.

Run with great success in previous years, offerings for the SBHS Summer Institute-2015 have been expanded. Thomas Decker, K-12 Supervisor of World Language and ELL will serve as Head of School for the Summer Institute. This year, the SBHS Summer Institute will offer 16 courses, including some courses for rising 9th graders, as well as one for rising 8th graders. The Summer Institute will run from June 26 to August 7. Students have the opportunity to take Advanced Biology, Advanced Geometry, AP World History, Mandarin or Robotics as well as other courses.

A complete list of all courses offered is available on the SBHS website. Applications and fees for the Summer Institute are to be submitted by April 30, 2015. The Institute is open to students both in and outside of South Brunswick School District. Enrollment is limited and courses will be filled on a “first come, first served” basis.

For more information on the 2015 Summer Institute visit the SBHS website or contact Thomas Decker, Summer Institute Head of School via email: Thomas.decker@sbschools.org, or phone:732-329-4044 x 5201.
March & April at a Glance

School will be in session for students on the following dates:
- April 6
- May 22
- May 26

Dates School will not be in session
- Spring Recess
  March 30th - April 3rd
- Early Release Days
  Parent Teacher Conferences
  March 24 - 26 - Afternoon Conferences
  (March 26 - Afternoon & Evening)
  March 27
- Professional Development
  April 8th

Special Events and Programs
- Winter Varsity Awards Night
  March 12th - 7:00 p.m.
- Temptasian
  March 14th - 7:00 p.m.
- Women’s Leadership Conference
  March 21st - 8:00 a.m.
- School Spirit Week
  March 23rd - 27th
- International Night
  April 14th - 6:30 p.m.
- Mr. SBHS
  April 17th - 7:00 p.m.
- District Art Gallery
  April 23rd - 6:00 p.m. - 9:00 p.m.
- College/Career Fair
  April 30th

Testing Dates
- SAT - March 14th
- ACT - April 18th

Check our online school calendar at www.sbschools.org for a complete list of school events and updates. Follow the calendar link at the top of the page.

Senior Prom

The Senior Prom will be held on Saturday, June 6th from 6:30 P.M. to 11:30 P.M. at the East Brunswick Hilton. The cost is $125 per person. Packets are available beginning Monday, March 16th. They can be picked up in the Activities Office, 12th Grade Office, at the Main Entrance, or in Room 303.

Forms and payments will be due beginning April 6th to 10th during all lunches. Voting for Prom Court will also take place during this time.

If you have any questions regarding Senior Prom, please contact Katelyn Ordog (Katelyn.Ordog@sbschools.org) or Rebecca Rumen (Rebecca.Rumen@sbschools.org). Thank you!

Class of 2016 News

The Class of 2016 committee has several upcoming events taking place in the next few months.

- The next Bagel Friday will be on March 20th. Get a bottle of water and a toasty bagel with either butter or cream cheese for only $2!
- Also, on March 26th, during HS evening conferences, the Class of 2016 will be having a Pizza & Bake Sale from 7:00 p.m. to 9:00 p.m. Cupcakes, cookies, and other baked goods will be sold, as well as pizza!
- In addition, the Class of 2016 committee is currently promoting “Krayons for Kids”, an initiative to supply kids at Bristol Myers Squibb children’s hospital with new coloring supplies. Show your support by dropping off new crayons and coloring books from April 20-24 in boxes located at the main, annex, and sports entrances, the grade level offices and the auditorium.
- Finally, the Class of 2016 committee is excited to announce the junior prom theme; “Happily Ever After.” The event is on May 16th, from 5:30 p.m. - 10:30 p.m. at The Pines Manor on Route 27. Tickets will be sold starting April 6, the first day after spring break.

Kudos, Kudos

Based upon exceptional scores on the American Mathematics Competition exam, the following students have qualified for the American Invitational Mathematics Examination:

Evan Wu
Rupesh Chinta
Venkatesh Nayayan

Congratulations and good luck!!
The study of another language and culture enables individuals to communicate in appropriate ways with people from diverse cultures.

Currently in South Brunswick, students have an opportunity to learn Spanish beginning in the elementary school. In the middle school, students may choose to study French, Latin or Spanish.

Upon entering the high school, students may continue their study of their middle school language or switch to another language offered at the high school level (French, Latin, Spanish).

We are undertaking a review of our world language program and offerings. As part of this initiative, we would like to ask your opinion via a program survey.

You can access the survey using the following link:

http://goo.gl/forms/Hp5bzKT2gg

Thank you in advance for participating in this survey.

Thomas Decker
K-12 Supervisor of World Languages and ELL South Brunswick School District

**Project Graduation News**

**Upcoming Events**

Please mark your calendars for our next two fundraising events to support Project Graduation. (More info to follow)

- Tricky Tray/Bingo on April 24th at the Senior Center
- Flea Market/Book Sale on May 9th at the High School

It's not too late to get involved. We still need volunteers for our fundraisers. We also need volunteers to chaperone our Project Graduation event on June 23rd. If you are interested, please contact us at sbhsprojectgraduation@gmail.com.

**Want to get more involved?**

We are also looking for a chairperson for the 2016 Project Graduation.

**Model UN attend PhilMUN**

South Brunswick's chapter of Model United Nations attended PhilMUN, a Rutgers University-sponsored competition held in Philadelphia February 26-March 1st. The theme of the competition was "The Middle East in Transition." Twenty students debated and competed in various committees. Senior Sharat Dur-bhakula, the president of the club, won Outstanding Delegate in his committee. Sophomore Shelley Wang, the secretary of the club, won Best Position Paper in her committee. Freshman Malvika Narayan won Most Improved in her committee.

**REMEmber to use your Target credit card, and SBHS students will reap the benefits.**

Here’s how it works:

**At no cost to the cardholders** – designate South Brunswick High School as the school you wish to receive funds on your behalf. There are three ways to do this:

* Internet – Target.com/tcoe
* In-store kiosk
* Call 1-800-316-6142

Shop at your favorite Target store and charge your purchases on your REDcard. Target will donate up to 1% of all purchases made by South Brunswick High School parents, teachers and community members to our school twice a year.

We want to extend our thanks to those of you who have already designated SBHS to receive funds!
4th Annual Sisterhood of the traveling Prom Dress Event was a great success

There were a total of 316 dresses donated this year for the Annual Sisterhood of the Traveling Prom Dress Event. Fifty-five students came from South, North and New Brunswick High Schools to shop for a dress. Many brought their families whom got to watch a movie, have fun in our photo booth, and enjoy free snacks and refreshments. Each girl not only got a dress, but was able to acquire shoes, a purse, and jewelry. Each girl also went home with a complimentary goodie bag. Free raffles were also a part of the event.

Quite a few of the girls were able to take advantage of our Mary Kay representatives, doing free prom makeovers, along with our two hair stylists who styled close to 20 heads of hair all for free. We had more than 100 volunteers over a two day period for set up and to help with the actual event. Our volunteers included high school staff members, the Viking Closet club members, student volunteers, family, friends, businesses and organizations.

This year the Viking Closet also received a $250.00 grant for decorations, plus hair brushes and combs for 100 students from Christine’s Hope for Kids. Many businesses have been with us since we started our event four years ago. KiKi D’s of Montgomery donated thousands of dollars worth of brand new prom dresses. Rasoi Restaurant and Banquet Hall III has financially supported us and continues to loan us all the linens for this event. Some of the other businesses who have been instrumental in making this event a success by their generous donations are as follows: Krispy Krust Pizza of North Brunswick, Alphonso’s Pizza of Princeton and Chartwells of SBHS Dining Services. Black Rock Inc. of South Brunswick holds a prom dress drive every year for us.

Nextage Realty of Kendall Park volunteered their woman power both for the set up and help at the event, as well as donating one-hundred drawstring bags used for our goodie bags. Other businesses that continue to contribute each year are Party Fair of Kendall Park, Regency Cleaners & Taylors, Dusal’s Italian Restaurant and Pizza, Dollar Tree, Stop and Shop of Franklin, and Mary Kay.

We thank first time contributors Windsor/ Brunswick Driving Academy, Master Tax of Kendall Park, Dunkin Donuts of South Brunswick, and the Potting Shed of Franklin.

The Zeta Phi Bea Sorority also volunteered their time and had a prom dress drive for us. Both Hopewell Valley Central High School and North Brunswick High School held prom dress drives for this year’s event also. We had many families of surrounding communities donate gift certificates for our free raffle.

The surplus of dresses was donated to Jinhee Lee’s organization “Our Fairy Godmother”. Our Fairy Godmother holds a prom dress drive and has two events in Cinnaminson High School and New Brunswick High School.

Former student Jinhee Lee was almost unable to attend her junior prom because of the high prices of prom dresses. In her junior year she borrowed a dress from her friend. It was after this that she began having a prom dress drive. She now attends Rutgers, and this is their 4th annual event this year. Dresses will cost $20.00 a piece and the event is open to the public. Proceeds from her event go to the favorite charity of the person or persons that donated the most dresses. Our favorite charity is the Viking Closet! If we win, we will receive much needed funding to help with our operating costs.

The Viking Closet Club would like to thank everyone who volunteered and was a part of this event. We also want to thank all of the people who donated! Because of your kindness and generosity, our event was a huge success!

FBLA "Steps Up to the Challenge"

This year's theme for FBLA is "Step Up to the Challenge," and South Brunswick FBLA did just that. On February 26-27, fifty-five SBHS students from grades 9-12 attended the NJ FBLA State Leadership Conference. Despite an almost 7-hour power outage after the keynote speaker and several resultant changes to the competitive events schedule, our students endured and eighteen of the students (33%) returned to SBHS having won awards ranging from first through fifth place in their respective events. Fourteen of these students directly qualify to compete at the national level now; the other four may be eligible to compete at the national level as well, pending notification from the state of other competitors' intentions. The results are:

**3D Animation**
Vrinda Mohan, Aashika Nayak, Riya Goel (team), 1st Place

**Business Math -**
Rayvanth Chappidi, 4th Place

**Desktop Application Programming**
Nila Sadeeshkumar, 3rd Place

**Digital Video Production**
Kritika Kommana, Krishna Subramanian, Rohan Sridharan (team), 3rd Place

**Electronic Career Portfolio**
Nazreen Mansoor, 3rd Place

**Emerging Business Issues**
Neha Musthyala, Avni Bali, Rohin Nair (team), 1st Place

**Insurance & Risk Management**
Nikhil Parvathala, 5th Place

**E-Business**
Dharani Myadam, Isha Biswas (team), 1st Place

**Public Speaking I**
Aishwarya Ramaswamy, 4th Place

**Public Service Announcement**
Shreya Khandelwal, Ritika Jain (team), 5th Place

We are extremely proud of the students and look forward to having them participate and compete at the FBLA National Leadership Conference in Chicago from June 29-July 2.

**Popcorn for Preemies Fundraiser**
In addition to being busy preparing for competitive events, FBLA members have been selling popcorn in the school store location after school on Wednesday afternoons to raise money for the March of Dimes, an FBLA national charity partner. Freshly made popcorn is sold at a price of $1 per container. Based on current revenues, we estimate that we will raise over $500 for the March of Dimes by the end of the school year with this endeavor.
The importance of a good night’s sleep

Donna Sichta, RN & Be Socienski, RN - Grades 10 & 11, Annex Building
Donna Moreen, RN & Rena Eng, RN – Grades 9 & 12, Main Building

Without adequate sleep people become irritable, have lowered resistance to illness, and are unable to sustain their attention. Good sleep is essential to feeling good and enjoying life. Yet, sleep deprivation in teens is rather common. The following information has been provided by the National Sleep Foundation.

FACTS:
- Sleep is vital to your teen’s well-being. It can even help them to eat better and manage the stress of being a teen.
- Biological sleep patterns shift toward later times for both sleeping and waking during adolescence — meaning it is natural for them to not be able to fall asleep before 11:00 p.m.
- Teens need about 9 1/4 hours of sleep each night to function best.
- Teens tend to have irregular sleep patterns across the week — they typically stay up late and sleep in late on the weekends, which can affect their biological clocks and hurt the quality of their sleep.
- Many teens suffer from treatable sleep disorders, such as narcolepsy, insomnia, restless legs syndrome or sleep apnea

CONSEQUENCES:
Not getting enough sleep or having sleep difficulties can:
- Limit their ability to learn, listen, concentrate and solve problems
- Contribute to acne and other skin problems
- Lead to aggressive or inappropriate behavior such as being impatient with their teachers or family members
- Cause them to eat too much or eat unhealthy foods like sweets and fried foods that lead to weight gain
- Heighten the effects of alcohol and possibly increase use of caffeine and nicotine
- Contribute to illness, not using equipment safely or driving drowsy.

SOLUTIONS:
- Make sleep a priority
- Naps can make them work more efficiently, and solve problems
- Many teens suffer from treatable sleep disorders, such as narcolepsy, insomnia, restless legs syndrome or sleep apnea
- Make their room a sleep haven. Keep it cool, quiet and dark
- Make your calendars…
- Sleep is the golden chain that ties health and our bodies together…. ~Thomas Dekker

International Night, Tuesday, April 14th

The World Languages Department will be hosting its annual INTERNATIONAL NIGHT on Tuesday, April 14th from 6:30 p.m. to 8:30 p.m. All of our students and their families are invited to join us. This department sponsored annual event is a celebration of the diversity of the South Brunswick community. Come and enjoy a wonderful variety of ethnic food and entertainment. If your family would like to attend, please bring a dish that represents your cultural background. This can be an appetizer, main dish, salad or dessert. With our diverse population, here at the high school, we are sure to have many delicious dishes.

We hope to see many of you at the dinner. If you have any questions please contact World Languages Supervisor, Tom Decker at 732-329-4044, extension 5201 or e-mail him at Thomas.Decker@sbschools.org.

Mark your calendars…

New Jersey State Mandated Biology I testing for any student currently enrolled in Biology I will take place on May 26th and 27th.

More information to follow.
sbEarth joins new TerraCycle recycling brigades

sbEarth, the environmental club of SBHS, has recently joined two new TerraCycle upcycling brigades – the Personal Care and Beauty Products Brigade and the E-Waste brigade. Including the club’s long-standing participation in the Capri Sun Drink Pouch brigade, this brings to three the number of brigades in which sbEarth participates. TerraCycle, based in Trenton, NJ, is an upcycling and recycling company that collects difficult-to-recycle packaging and products and repurposes the material into affordable, innovative products. TerraCycle awards points to sbEarth for waste shipped to it which sbEarth redeems for gifts to charitable organizations that work on such things as fighting poverty, protecting the environment, and providing clean water.

All students, staff and their family are encouraged to bring in the following types of personal care and beauty items: hand lotion tubes and bottles, compact cases, shampoo and conditioner bottles and caps, lip balm/flip gloss tubes, eyeliner pencils, foundation packaging, concealer tubes, mascara tubes, shadow and bronzer cases, and similar items. Please note that nail polish and nail polish remover containers are not accepted. Waste can be dropped off in boxes in offices and faculty areas, or can be brought to C306 to Mrs. Jane Rothfuss, club advisor.

Acceptable electronic waste includes standard cell phones, smart phones, and iPhones, digital cameras, camcorders, graphing calculators, iPod and devices, laptops, notebooks, netbooks, e-readers, tablets and iPads. Waste can be brought to C306 during the month of March. In addition, sbEarth is holding a Saturday collection for the community at the high school on March 21 from 11:00 a.m. to 3:00 p.m. (see related article on page 7)

South Brunswick Parent Academy

The South Brunswick Parent Academy wraps up its workshop series this school year with two insightful and important workshops: The Power of Introverts in a World That Can’t Stop Talking on Thursday, March 19th and Positive Parenting: Inspiring Students to Make Smarter, Safer Choices on Thursday, April 16th.

In the first workshop, the SBPA will be exploring concepts outlined in Susan Cain’s book of the same title. Often labeled “quiet,” introverts have been responsible for many of the great contributions to society—from artistic masterpieces to the invention of the personal computer. Participants will discuss many of the concepts outlined in Susan Cain’s book and learn how to utilize this knowledge to support or empower an introverted child for greater success in school and life. As an added bonus, ten lucky attendees will receive this workshop’s companion reading: Quiet: The Power of Introverts in a World That Can’t Stop Talking by Susan Cain.

The final workshop deals with the all-important issue of underage drinking and what parents should know and can do to help their teen stay safe by making smarter choices. Alcohol and other drug research has shown that positive parental involvement is an important factor that decreases risk of drug abuse and underage drinking. Yet parents are often conflicted about what they realistically can and should do to help their teens make wise choices and keep them safe. The good news is: you’re not the only parent facing this; we’re all in this together! This timely and useful workshop presented in collaboration with the BRIDGE Center, SB Municipal Alliance and SUDZ, the SB Stop Underage Drinking Zone will provide participants with information about what can be done to help keep teens safe from the risks of underage drinking and substance abuse.

As with most SBPA workshops, childcare will be provided. Interested parties can register online by visiting the District’s Web site, www.sbschools.org and clicking the Parent Academy link under Quick links or by emailing sbpa@sbparents.org.

Just 4 Seniors

Attention Senior Parents!

Are you worried about your Senior student making a successful transition to life after high school? We can help! The BRIDGE Center, SBHS School-Based Youth Services’ support staff, is providing weekly lunchtime workshops on Mondays, from now until mid-April for all Seniors – including free pizza, cookies and water for all participants!

Offered in collaboration with the South Brunswick Municipal Alliance, the workshops are informative, timely and fun!

No registration or obligation is required: Seniors can participate in one or all workshops, as desired. Don’t miss out!

Encourage your Senior to look for us in the alcove outside the Cafeteria and take another step toward a successful future!
Amnesty International Club News

In celebration of International Women’s Day, the Amnesty International Club had students during all lunches sign a canvas and answer the question: why do you support women’s rights?

The event raised awareness for the holiday, and several students pledged their support towards defending women’s rights day in and day out. Earlier, on December 12th, 2014, the club hosted its second annual Write for Rights campaign, in combination with a movie showing of Mandela: A Long Walk to Freedom.

Students who came had the opportunity to write a letter to foreign nationals and heads of state demanding the release of political prisoners. These cases highlighted human rights abuses taking place around the world, in countries like China, Brazil, India, Russia, and even the United States. Many students were surprised to learn that people could be imprisoned for speaking their minds, a freedom we take for granted, or for criticizing the government.

At the end of the day, Amnesty International had collected and mailed more than 350 letters. These letters, in conjunction with those of thousands of other student activists from across the nation and around the world, have added to the global movement. The club wants to thank the Social Studies and English departments for all their support in getting more students to attend this extremely important event.

The outcome? Nearly a week later, Liu Ping, who was jailed in China just for trying to fight corruption, was allowed to see her daughter after previously being denied permission.

We’re ecstatic about the immediate success, and hope there may be even more good news to come as a result of the collective effort of students at South Brunswick High School!
Musical Notes: Small Ensembles to Present Concert

Small Ensembles to Present Concert
On March 25, 2015 at 7:30 p.m. in the South Brunswick High School auditorium the Small Ensembles will present a concert that will showcase the Men’s and Women’s Vocal Ensembles, the Jazz Bands, the Clarinet Choir, Flute Choir, Sax Ensemble, Brass Ensemble, Woodwind Quintets and String Ensembles. Admission is free. Come out and enjoy an eclectic and exciting evening of music!

The Theatre Arts Classes of SBHS entertained approximately 1,500 district elementary students in February with their Children’s Theatre production of Red vs. the Wolf. This play not only entertained, but taught the important lesson of never judging a book by its cover… or a wolf by the size of his teeth!

The Pirandello Players entertained with Larceny and Old Lace
The South Brunswick Drama Club, the Pirandello Players, staged the comedic take-off on Arsenic and Old Lace on January 15, 16 and 18 (Snow date!) Senior, Richard Daley anchored the cast in the wonderful production. Outstanding performances were turned in by Seniors, Rachel Greenberg, Josh Owens, Sydney Miller Juniors: Sammie Resnick, Sophia Balsamo, Jordan Hudec, Kristen Ju, Janine Lagareen, Michael Corl, Destinee Brown, Sam Zatkow, and Austin Calvano; Sophomores: Maddy Schmidt, Sam Stanford, Tom Steele, Dylan Gleason, and freshman Tina Petrillo.

The Players are currently preparing for the Spring Musical, which will be “Curtains”, a musical mystery/comedy! The show will run May 7, 8 and 9!

The SBHS Concert Choir was one of three choirs invited to perform at The College of New Jersey Choral Invitational on February 11, 2015. The choir performed selections for a panel of judges and other choirs. They received superior ratings on the performance. The Concert Choir will be performing at Carnegie Hall in May. This will be their fifth performance on the mainstage at Carnegie.

The SBHS Wind Ensemble performed in the Mid-Atlantic Wind Band Festival at Rutgers University on Thursday, February 26, 2015. They were selected from over 25 bands that applied throughout the Tri-State area. The ensemble performed “Variations on a Korean Folk Song” by John Barnes Chance and “Psalm for Band” by Vincent Persichetti to commemorate Persichetti’s 100th birthday this year. The adjudicator of the Festival was Andrew Boyesen, from the University of New Hampshire. The students gave a stellar performance for parents, directors and dignitaries. Their next performance will be at the Metropolitan Wind Band Festival at Roxbury High School on April 18, 2015. There, they will perform for Mark Scatterday from the Eastman School of Music and Colonel Arnold Garbriel, retired from the Air Force Band!

Science Accomplishments: Group participates in NJ Science Bowl Competition

A team consisting of Abhishek Banerjee (captain), Varun Radhakrishnan, Arka Roy, Paulo Seridio, and Farhan Toddywala participated in the NJ Science Bowl Competition in February of this year.

Seniors Rupesh Chinta and Evan Wu are among the approximately 400 students nationwide invited to take the USA Physics Olympiad exam. They earned this distinction by their outstanding performance on the F = ma exam held in January.

At the NJ Science Olympiad Regional Tournament held in January this year, two teams consisting of 43 students represented SBHS. The students participated in 13 events, won 16 medals and advanced to the State Tournament.

In order to sharpen their skills, the students participated in an Invitational Tournament held at Yale University two weeks later.

At the State Tournament held on March 10 at Middlesex County College, the school team consisting of 20 students competed against 25 other schools in 23 events. The students won a total of 25 medals and the team was awarded the 6th place trophy for overall performance. It was the best performance by SBHS in the 8 years that it has participated in the NJ Science Olympiad.

Seniors Shweta Dutta and Shruti Narayan captained the team consisting of Brandon Botsch, Swathi Chandrika, Elizabeth Chen, Rupesh Chinta, Nidhi Desai, Justin Fu, Sheela Hanagal, Jintao Hang, Andrew Leung, Irina Liu, Lisa Lo, Pranav Marupudi, Radhika Narasimhan, Ashleha Parchure, Sanjana Pruthi, Saumya Sharma, Ananya Swamimathan, and Evan Wu (see photo).
Student Council News

SBHS Has Heart
February was dedicated to Heart Disease Awareness. The Student Council decorated the cafeterias and halls to raise awareness. Facts were hung on lockers and posters throughout the school. Donation cards were sold and displayed in the alcove. Students and staff wore red on February 13th to show their support. As a reward, lollipops and red necklaces were given out. In total, $400 was donated to the American Heart Association!

Carnation Sales
During the week of February 9th – 13th, the Student Council sold carnations. They were distributed on Friday morning to students in their homebase classrooms. The cost to send a carnation was $2 or 3 for $5. 400 flowers were given out and the Student Council plans on continuing this event next year.

Black Light Dance
On January 30th, the third annual Black Light Dance was held. All proceeds went to the Hugs For Brady Foundation in South Brunswick. This local organization is dedicated to helping children with cancer and supporting their families. Students created teams and came out in their best black light attire for a night of fundraising, dancing and prizes. The Law Club, American Sign Language Club, Sketch Up, and Freshman Class Council sold snacks and drinks. Many local businesses contributed gift cards or door prizes. A $2,000 donation was made to the Hugs for Brady Foundation. Thanks for your support!

Winter Pep Rally
The annual Winter Pep Rally was held on December 23rd. On this last day before Winter Break, students were excited to share their school spirit. The sophomore class was awarded the Spirit Cup, due to their participation in spirit days and loudest screaming measured by the sound meter. Our next pep rally will be at the conclusion of our Spring Spirit week, which runs March 23rd – 27th.

Student Council Makes Statewide News
The Student Council was recently honored at the New Jersey Association of Student Council’s Winter Convention. For the 11th year in a row, SBHS was recognized as an Honor School. Additionally, the Black Light Dance won a Top 10 Project Award.

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Athletic Happenings including Winter Highlights

The VAC Golf Outing
The Viking Athletic Club will be hosting their Annual Golf Classic on June 25th at the Golf Course of Concordia. We are looking for golfers, hole and prize sponsors. Anyone interested, please download forms and send them to the Athletic Department. Information can be found on the athletic home page: http://www.sbschools.org/schools/sbhs/athletics/index.php

Division 1 and 2 Scholarship Signings:
Julia Burzynski - Volleyball - Sienna University
Andrew Ayots – Baseball - Post College
Kristen Krier – Track & Field - Monmouth University
Ashley Shor - Softball - Pitt-Johnstown University
Briana Spence – Soccer - Palm Beach Atlantic University

Winter Sports Highlights:

Boys’ Bowling: Carteret Old Bridge Baker Tournament – 1st Place Total Pins and 1st Place High Baker Game,
Joe Romer Baker Tournament - 1st Place Total Pins, 1st Place High Baker Game, Central Jersey Winter Classic - 1st Place, GMC Red Division - 1st Place, Central Jersey State Sectionals - 1st Place and NJSIAA State Finals - 3rd Place

Girls’ Bowling: 1st Place GMC Red Division; 2nd place Group IV State Sectionals, 1st Place Carteret - Old Bridge Tournament; 2nd place Group IV State Sectionals, 3rd Place GMC Team Tournament; 4th Place Group IV State Finals, 2nd place Joe Romer Tournament, 3rd place Bishop Ahr Classic Tournament, 3rd place Woodbridge Classic Tournament, 3rd place Brick Tournament, 6th place Central Jersey Winter Classic and Top Qualifier in the Joe Romer Tournament.

Boys’ Winter Track and Field - GMC Relays Champions, 2nd Place Group IV State Relay Championships, 2nd Place GMC Championships and 2nd Place Central Jersey IV Sectional Championships

Girls’ Winter Track and Field - Group IV Relays State Champions, GMC Champions, GMC Relays Champions, Red Division Champions, Merli Invitational Champions, Central Jersey IV Sectional Championships - 3rd Place, and Group IV State Championships - 4th Place

Dance Team: National Semi-Finalists Pom and Jazz, Northeast Regional Champions in Pom and Jazz, NJ State Dance Champions in Jazz, 1st Place Pom and Jazz Lyndhurst Invitational, 1st Place Pom and Jazz Ramapo Invitational: 1st Place Jazz (Black Team) & 1st Place Pom (Gold Team), Paramus Catholic Invitational: 1st Place Pom and Jazz (Gold Team)

Spring Sports:
Opening day for Girls lacrosse is March 25th all other sport spring is April 1st.

Fall Sports:
The Fall Season opens up August 10th. Individual sport teams tryout dates will be posted online at a later date.

HS Science and Elementary students teaming together

At Greenbrook School's Annual Math, Science, and Tech night. High School Science students were able to showcase lab techniques. Visitors were able to participate in the science experiences.

Ally Powers and Gigi Powers from Jan Shehata’s Forensic class demonstrated how to identify unknown fibers. They also used skeletal remains to determine information about the victim. The real crowd pleaser was dusting, lifting, and rolling fingerprints.

Sai Reddy, Jonathan Fu, Janice Fong and Amir Elmahalawy from Dr. Kathy Murphy’s Biotechnology class demonstrated the ELISA technique as a method to detect disease outbreaks. As people visited their display, they were able to test a simulated sample to see if they were "infected."

Megan Ung, Medhavi Sehgal, and Pavithra Vijayaraj from Jane Rothfuss's Honors Biology class demonstrated the effect of salt on cells. Guests were invited to observe changes through a microscope.

In other science news, high school and elementary students put their heads together to brainstorm for the upcoming Monmouth Junction Elementary Science Fair.

PTO News

Spring is knocking on the door and I am certain you are all just as happy to be rid of the snow, see the grass and enjoy some warmer weather as we are! With the spring, the PTO starts to focus on scholarships and the search for new PTO Executive Board member(s).

Your senior is eligible to apply for a $500 PTO Scholarship if your family has been members of the PTO for the entire time he/she is a student at SBHS. If you are unsure of your membership status, email PTO.SBHS@sbparents.org and we can check your membership status according to our records. More scholarship information can be found on Naviance along with many other local scholarship opportunities.

If you are interested in getting involved with your child’s school and would like to be part of the PTO Executive Board for the 2015/2016 school year, watch for the Nomination Form on the PTO page of the school website.