A message from our Librarians on the importance of Summer Reading

Summer is a great time to catch up on reading since studies show that summer reading prevents learning loss. The librarians hope that the following sites, suggestions, and strategies will keep your teens reading this summer.

Don’t forget to follow us on Twitter at SBHSLibrarian for the latest announcements and join our online community of readers at GoodReads.com by following the South Brunswick High School Librarian.

Summer Reading Resources
The summer reading and writing assignments for English courses along with reviews of the assigned titles are posted on the library wiki page at http://sbhslibrarywiki.wikispaces.com under Summer Reading 2017. Sorted by grade level, each title is annotated with a review to help our students make informed reading choices. To kick off summer reading, the library hosted a Summer Reading Day on Monday, June 12th. Library copies of the titles will be available for summer checkout and gently used titles collected from our students will also be available for the taking.

Beyond Required Reading
Do you want to get your teen reading, but aren’t sure where to begin? This Washington Post article from August 2016 offers parents suggestions for ways to promote positive reading habits for teens. For book suggestions visit TeenReads.com. Teen Reads features book reviews, author interviews, and topical book lists. Select a title to read and discuss together for the ultimate summer reading group! As author Kate DiCamillo says “Reading should not be presented to children as a chore or duty. It should be offered to them as a precious gift.” What better way to show the importance of reading than to share a great book together?

Safe Fun in the Sun!

by Karen Gordon, School Nurse

Summer is here and having fun in the sun is important but equally important is sun safety! Most people are aware that some sun exposure (in moderation) is actually very healthy. While we need at least 15 minutes per day of summer sun exposure to synthesize Vitamin D, it is important to shield your skin from the damaging effects of the sun.

The American Cancer Society recommends that you build safe sun habits into your family’s daily routine. Lead by example—children will respond better when they see you protecting your skin.

The following are some ways you can protect yourself from the sun according to the American Cancer Society:

- Apply sunscreen everyday 20 minutes before going outside, and reapply it every two hours while your skin is exposed to maintain the SPF level.
- Reapply sunscreen after perspiring heavily.
- Throw away old sunscreen from last summer. Sunscreens have an expiration date, and once that date is reached, products typically lose effectiveness.
- Slip on a shirt: choose shirts and pants that protect as much skin as possible.
- Wrap on sunscreen: choose a sunscreen with a sun protection factor (SPF) of 30 or higher.
- Slap on a hat: choose a hat with a wide brim that shades the face, neck and ears.
- Wrap on sun glasses: protect your eyes from UV rays.
- Limit sun exposure: stay out of the sun between 10:00 a.m. and 4:00 p.m., when the UV rays are the strongest.

Protect children younger than 6 months old with clothing and keep them in the shade as sunscreen is not recommended for children less than 6 months old. Take the shadow test: when your shadow is shorter than you are the sun is high in the sky and the UV rays are very strong. Don’t forget that UV rays travel through the clouds and be sure to protect our skin even when the sun isn’t shining!
Yearbook Dedication Information
Order forms for 2018 Senior Dedications will be available on the school website beginning in July. Information will not be mailed to homes this year. Please download instructions, requirements, and order form if you are interested in purchasing a dedication for your member of the class of 2018. Quarter page dedications cost $125; half page dedications cost $225; full page is $1,000. All orders are due on October 2, 2017.

Senior Portrait Information
Senior Portraits will be held here at the school throughout the months of June, July, August, and September. All members of the class of 2018 were given information regarding specific dates and requirements in their English class. If students do not have their portrait taken by September 15th, they will not be included in the yearbook.

SPRING MUSIC ACCOMPLISHMENTS 2017
The South Brunswick Visual Ensemble–won the 2017 Scholastic Open Championship for the Mid-Atlantic Indoor Network and the 2017 US Bands Scholastic Open Championship. The guard performed a show entitled “Rise!” that was based upon struggle and triumph over Breast Cancer.

The South Brunswick Concert Choir On June 11, 2017 the Concert Choir sang the Rutter “Requiem” in Carnegie Hall. An invitation to sing at Carnegie is a prestigious accomplishment and this will mark our choir’s seventh performance in this esteemed landmark. In addition the choir performed at the Senior Awards Ceremony and Senior Scholarship night. They will be performing for Graduation as well.

The SBHS Small Ensembles Concert took place in late March and featured the “Treblemakers” and “Accidentals” Vocal Ensembles, the Clarinet Choir, Flute Ensemble, Percussion Ensemble, Brass Ensemble and several string quartets, septets and octets. The audience was treated to a great night of music!

The Pirandello Players capped off a great year of drama with the “Cinderella….The Broadway Version.” This unique rendition of the classic musical featured a revolving stage and attracted record audiences all three nights.

The SBHS Music Department presented four nights of Spring Concerts with each night featuring a different facet of the department, Orchestras, Choirs, Bands, and Percussion. All of these events were free to the public.

The Environmental Club, sbEarth continues to maintain and improve our gardens
The environmental club, sbEarth, has been very busy in 2017. First the club selected Cool Earth as the beneficiary for its annual Earth Day Coffee House. Cool Earth is a charity that works alongside indigenous people to halt rainforest destruction and fight poverty. After spending several meetings making creative rainforest-themed decorations, including two popular photo booths with masks, the club hosted another very successful coffee house.

With over a dozen student performances and 150 students in attendance, $600 was raised to send to Cool Earth. sbEarth would like to thank the performers, the students and loyal staff members who attended, Mrs. Susan Goldfarb who once again served as chaperone, and DJ Angad Arora, who provided and handled the sound system.

sbEarth continued its service to the school by maintaining and improving the four gardens at the front entrances to SBHS (see above picture). One meeting was spent removing weeds and old growth from last year, and at another meeting, nine new annual plants were added to the perennials that were planted in previous years. The gardens look great this year, so we hope you notice and enjoy them!

Our last event was a trip to Duke Farms in Hillsborough Township. Eight students and Mrs. Jane Rothfuss, our club advisor, spent a beautiful Saturday in April walking the trails and learning about the history and environmental stewardship projects of Duke Farms. We spotted bluebirds in their boxes, a hawk high overhead, turtles and fish in the ponds, and many interesting plants. If you have never been to Duke Farms, it is free to the public and open every day except Wednesdays. One piece of advice – wear comfortable shoes and be ready to walk, or bring your bike (or rent one from Duke Farms)! We were TIRED by the end of the day!
Summer is here and so are the AP assignments!!

Summer Assignments will be posted on the main page of the High School website under Quicklinks.

All students registered in an AP class for the 2017-2018 school year are required to complete a summer AP assignment by their appropriate due date.

Community Pass News

Verizon has recently made significant changes to their e-mail service. CommunityPass users that have a verizon.net email address may not be receiving transactional e-mails or message manager messages if they have not updated their settings per Verizon’s recommendations. For additional information visit www.verizon.com/email

CommunityPass users that have chosen not to update their verizon.net e-mail address settings should log into the public site and update their CommunityPass account information with a different e-mail address. Please let us know if you have any questions.

Community Pass Account Users

As we approach the end of the school year, we are asking each family to review their Community Pass Account information. Please log into your Community Pass account and click "View Account" under "Useful Links" on the bottom of the page. Review all your information for accuracy. Please update any address, phone or email changes. Please enter up to 2 alternate email addresses to ensure that all adults on the account are receiving alerts through Community Pass on school related programs.

Please add info@communitypass.net and program.registration@sbranches.org to your good address book. This is important so you will receive emails and reminders from the Community Pass system, especially for those users with a Yahoo, Hotmail or AOL email accounts. If you need additional assistance, please email sbhs.ptp@sbranches.org

The New “P’s and Q’s”

by Shaun Ruymen

The statement, “Mind your P’s and Q’s” from the Mid 19th Century, foreshadows our present concerns among our students’ use of digital communication. “Mind Your Manners” has taken a back seat to digital etiquette and the constant reminder that “Perception is Reality”. The internet is written in the most permanent of ink. Our daily interactions forge our digital brand, withstanding the test of time and remaining present as our students enter the college and career ready pathways. It is imperative that we model and teach digital citizenship to our students. The pillars of digital citizenship including access, etiquette, commerce, security, literacy and wellness, must be engrained in the content and curricular activities planned for our students. It is our responsibility to maintain consistency in the quality and quantity of social and digital development. We must always remind our students, “intention and tone cannot be communicated from behind a keyboard”.

Summer Hours

SBHS Summer Hours
Effective July 1, 2017

Summer Hours
7:30 AM to 2:15 PM
Monday through Friday

If you are enrolling a new student, please call ahead for an appointment (732-329-4044, ext. 3205). Enrollments are by appointment only.

First day of school for students:
Thursday, September 7th

Level Change Request

The Guidance Office will only consider requests for level changes upon completion of requirements. Requests for level changes will ONLY be accepted from June 12th to June 20th, 2017.

Please click on the following link to print out the Level Request Form:
http://www.sbschools.org/schools/sbhs/sps/docs/docs/Level_Change_Form.pdf
A message from our PTO...

As the end of the school year is fast approaching, the PTO would like to congratulate all of our 2017 graduates!

SBHS PTO Shoe Collection Fundraiser
Do you have old shoes you don’t know what to do with? Well, here’s your chance to get rid of them and helping the PTO. By donating your gently worn, used and news shoes to the South Brunswick High School PTO, your shoes are given a second chance to make a difference. Buckets will be at the front of the school and by the gym entrance from now until January 2018. We are collecting any type of shoe (yes even flip flops), except for ice skates, roller skates, and damage or broken shoes. In the US alone, over 600 million pairs of shoes are thrown away per year. The materials used to manufacture a pair of shoes are created from chemical compounds that will create health hazards if left to disintegrate openly or in landfills.

Are you looking for ways to get involved in school? PTO is a great way to get involved, we are looking to fill the Secretary/ Social Media Coordinator position for the next school year.

Secretary / Social Media Coordinator – Record and type minutes from monthly meetings. Manages e-mail addresses and sending e-mails on behalf of the PTO. Check PTO mailbox and distribute mail to appropriate Executive Board members. Supports the secretary. Handles social media and maintain social media sites and marketing correspondence for the PTO. Please use the link below to submit your form for the open position.

https://docs.google.com/forms/d/e/1FAIpQLSd7VUbR4g8AvFoATlbWSm3hLgWJv7l-p3iL3T7XyOKAlew/viewform?c=0&w=1

Your membership is important...
Also, remember in the fall to complete your membership form and return it along with the $15 membership dues to ensure your child’s eligibility for one of our scholarships in their senior year. You must be a PTO member the entire time your child is a student at SBHS in order to be eligible to apply for a scholarship.

Have a relaxing, safe and healthy summer, see you in September!

SBHS named National School of Character
South Brunswick High School was once again awarded the National School of Character Award after an intense process of evaluation based on the 11 Core Principles of Character Development. Character.org reports that the schools and districts who are selected are schools “that demonstrate a dedicated focus on character development programs and a positive impact on academic achievement, student behavior, school climate and their communities.”

Character Education is the work that SBHS does to develop Core Values that students live by to become contributing citizens of our society. Things such as positive school culture, character lessons, community involvement, philanthropic activities and social/emotional development were all assessed in the application process. The High School will hold this title for the next 5 years as we continue to enhance our Character Education program.

Science League has another successful season
The South Brunswick Science League had another successful season, with close to 50 students participating in the New Jersey Science League competitions in the science subject area they are currently studying at SBHS. Thirty students received certificates of participation from the New Jersey Science League.

The Physics C team and the Chemistry 2 team (made up of students from AP Physics C and AP Chemistry) both placed sixth in the state, earning a plaque for the school.

In addition, three students placed in the top 10% of all students in their subject area, earning individual plaques. Those students were Sahir Mody (Physics C), Andrew Leung (Chemistry 2) and Mitali Chowdhury (Physics 1). Congratulations to all! If anyone is interested in the science league competition for 17-18 school year, the qualifying test to select team members will be in December 2017.

Viking Dash
The 2nd Annual Viking Dash took place on June 2nd. Members of the community came out to SBHS to watch students and staff complete an obstacle course. All profits will go to local charities.

Special Olympics, ran through the SB Community. Officers across the state assist athletes from the Special Olympics, carry the torch around their community ultimately ending in an event at TCNJ. The SB police did a lap around the SBHS track with the support of the athletes and several classes.
Spring Athletics Highlights

This year we had a great Spring season. Congratulations to the following teams and athletes:

**Spring Team Championships**
- Softball - Red Division Champions and GMC Champions - Back to Back! 2016 & 2017

**Girls Spring Track and Field**
- 1st Place - Central Jersey Group IV Sectionals (3rd straight year), 1st Place - GMC Championships (12th straight year), 1st Place - GMC Relays Championships (12th straight year), 1st Place - GMC Red Division (11th straight year) and 3rd Place - Group IV State Championships

**Boys Spring Track and Field**
- 1st Place - GMC Red Division

**Spring Individual Student Athlete Championships and recognitions**
- Jacob Ciccone - Baseball - Pitched the 1st Perfect Game in school history (5/12/17 vs. South Amboy, 10-0 in 5 innings).
- Anuj Patel & Rushil Vishwanathan - Tennis - 1st doubles GMC
- Courteney Campbell (High Jump) - Group IV State Champion, Central Jersey Group IV Champion and GMC Champion
- Nicole Notarianni (100 Hurdles) - Central Jersey Group IV Champion & GMC Champion
- Sabrina Ray (Pole Vault) - Central Jersey Group IV Champion & GMC Champion
- Olivia Scattergood (Discus) - Central Jersey Group IV Champion & GMC Champion and School Record
- Essence Baker (800) - Central Jersey Group IV Champion & GMC Champion
- Miranda Irizarry (Javelin) - GMC Champion
- Harmodio Cruz in 200m in 21.74 and 400m in 47.78 - School Record and GMC Champion
- Kimani Daniel, Matthew Bacchi, Harmodio Cruz & Joshua Cella (4 x 100) in 3:19.59 - School Record

**Spring Coaches of the Year**
- Stefan Moorhead
- Girls-Spring Track and Field - Red Division
- Heather Wells
- Softball - GMC/Red Division
- Joseph Dougherty
- GMC Girls Golf Coach

**Fall Sports Physicals:** (Go to website to download forms) [http://www.sbschools.org/schools/sbhs/athletics/physicals.php](http://www.sbschools.org/schools/sbhs/athletics/physicals.php)

Sports forms are being accepted starting May 17, 2017 and are due on July 14, 2017. Forms completed by parents/students must be current, signed and dated May 17, 2017 or later. A nurse will be present at the high school in July between 8:15 am and 11:30 am (starting July 3 to July 28 (school closed - July 4)) to accept sports physicals. A nurse will be present at the high school sporadically in August. Sports forms received in August may not be cleared on time for tryouts! Sports forms received in August may not be cleared on time for tryouts!

2017 VAC Gold Outing will take place on June 22nd. Please contact Karen Bertucci if you are interested in golfing. It will be a 2:15 shotgun start at The Gold Course of Concordia.

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**Students for Public Health Club hosts Blood Drive**

The Students for Public Health club hosted a Blood Drive on May 22nd and May 23rd. We had many students and staff join us to donate, and we collected over 300 pints of blood product! Together, our SBHS community saved over 900 lives!!

Thank you so much for the cooperation of students and staff in helping to make this a successful event that will really have a positive impact on our community!

- Nurse Moreen,
- Club Advisor

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**New Jersey Law Enforcement Torch Run**

The New Jersey Law Enforcement Torch Run to benefit Special Olympics held on Friday, June 9th. Our Special Olympics student-athletes, the Unified Team and our police department participated in the annual Torch Run. Vikings, way to go!!!
Speeches for class officers and student council officers were available on May 22nd-24th on the district website to students. Our election took place on May 25th. The following are the officers who were elected:

**Student Council**
President - Matthew Ryan  
Vice President - Izzy Leite  
Board of Ed Representative - Sara Rubiano  
Treasurer - Greg Lanzalotto  
Public Relations Chair - Philip Vozzo  
Recording Secretary - Kallen Mitchell  
Historian - Jada Mayo  
Corresponding Secretary - Lola Bakhadyrova  
Underclassmen Representative - Jillian Ryan

**Class of 2018**
President - Joanna Kim  
Vice President - James Li  
Historian - Maanasi Dudi  
Treasurer - Esther Zhang  
Secretary - Ethan Yang  
Social Coordinator - Kritika Sharma

**Class of 2019**
President - Imran Arif  
Vice President - Rahul Shah  
Treasurer - Arjun Khatri  
Secretary - Aneesh Datia  
Historian - Sunny Senthil  
Social Coordinator - Anirudh Menon

**Class of 2020**
President - Nadia Elieff  
Vice President - Amani Chinni  
Treasurer - Dhruv Raval  
Secretary - Krisha Shah  
Historian - Sam Fenkel  
Social Coordinator - Nikitha Dixith

Executive Member interviews/selections have not been completed at the time of this writing.

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**A Message From the South Brunswick Municipal Alliance**

Prom night. Graduation. Some of the best times in a teen’s life and potentially some of the deadliest, if drinking and drugs are involved. Once again, the South Brunswick Municipal Alliance Against Substance Abuse has taken a stand to protect our children and our families.

Funded by the New Jersey Governor’s Council on Alcohol and Drug Abuse (GCADA), the Alliance is sending a message to our students and their families that we want them to stay safe. To help bring the point home, a severely damaged car has been placed at the entrance to the high school, courtesy of Reilly’s Collision Center in Monmouth Junction, as a reminder of what could go terribly wrong when poor decisions are made. A banner opposite the car reminds students, “Time to Make Memories …Not Become One.” The Municipal Alliance hopes to keep the message front and center in our teens’ lives, with a parting gift to our graduating seniors: a wallet/card case with the same message, which can be affixed to their phone case.

In addition, the Alliance continues to financially support SBHS Project Graduation, a graduation night event which provides graduates a safe, supervised, substance and alcohol-free atmosphere in which to celebrate with their peers.

The South Brunswick Municipal Alliance is committed to educating the community about the dangers of underage drinking and reducing access that teens have to alcohol. For more information about the Municipal Alliance or to get involved in their efforts, contact the Alliance at 732-329-4000 extension 7237.

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**A word from our Guidance Department**

**Summer Hours**

Please note, from July 1st thru September 1st our Guidance Department’s **summer hours** will be as follows:

- **Monday**: 7:30 am to 2:15 pm  
- **Tuesday**: 7:30 am to 2:15 pm  
- **Wednesday**: 7:30 am to 2:15 pm  
- **Thursday**: 7:30 am to 2:15 pm  
- **Friday**: 7:30 am to 2:15 pm

All new student registrations and student withdrawals will be by appointment only with Raymona Baker at (732) 329-4044 ext. 3205

**In order to register a student in our school, parents/guardians must present the following documentation:**

1. Original birth certificate with raised seal
2. Proof of residency (e.g. original Deed/Lease or signed Contract of Sale, if still in effect with copy of your current drivers license & Utility Bill in your name reflecting your NEW address in district)
3. Student Health Records with dates of inoculations
4. Student records from the student’s former school (unofficial copy of student’s most recent transcripts, current report card, current schedule, NJASK test scores and IEP or 504 if applicable)
5. Proof of guardianship

If any of the above is not available, all substitutes must be approved. Please contact Raymona Baker for information on acceptable substitutes.

All registration forms can be downloaded from our [main district registration page](#).