Good Morning South Brunswick,

As the end of October draws near, we wanted to reach out with some reminders along with some clarifications on questions that have been asked. Let me start by reminding everyone to please refer to the FAQ before calling or emailing your child’s school regarding a Covid issue with your child or family. Nine times out of ten, your question can be answered in the FAQ. I ask this of you as our nurses are handling a ton of daily calls and emails regarding covid and non-covid related matters. The rules associated with covid-like symptoms have truly made this an extremely challenging year. We want them to be able to focus on the children and staff on site as much as possible. I know I personally often forget that a nurse’s office handles so much more than Covid, even though on some days it feels as if that is all we do. The one thing, other than our amazing nursing staff, that we have going for us on this front is our amazing and conscientious community. We thank you for putting the health and safety of your family, our schools and this community at the forefront of your decision making. Below the nurses helped me to make a list of the key reminders which we hope will assist you in managing any covid related matters in your home and with your child.

Please remember...

- Quarantine Instruction links can only be given if your child tests positive for Covid, is excluded because he/she was a close contact of a positive or your unvaccinated child has returned from travel.
- that it is imperative to call or email the school if your child has tested positive for Covid.
- that “at home” Covid test kits are not acceptable.
- that if your child is exhibiting any Covid signs and symptoms, please have your child get a Covid test before returning to school. Also, do not lose sight of the importance of having your child’s doctor see him/her if they are too sick to come to school.
- to take your child to see a doctor if his/her Covid results are negative but he/she still feels sick.
- to adhere to pre-screening your child before sending to school each morning.
- if your child tested negative and is still sick, to keep your child home.
- if Covid testing is pending, to keep all unvaccinated children home.
- DON’T ASSUME SYMPTOMS AREN’T COVID, only a test knows for sure
- that a negative Covid test does not shorten the quarantine period.
- that it is difficult to wear a mask with a runny nose and/or cough. Please keep your child home until symptoms are resolved.
- Vaccinations continue to prove to be effective. If children are eligible, speak to your child’s physician about options for getting the vaccine.
- Vaccinated students do not quarantine if they are a close contact.
- Vaccinated students are not required to quarantine after domestic travel
- There is still a travel quarantine in effect. Please read below
**NEW** Students Who Quarantine for Travel **NEW**

DO NOT CALL OR EMAIL THE NURSE WITH TRAVEL PLANS. INSTEAD - Please [click here on the Student Travel link](#) and complete this form if your child plans to travel and falls under one of the following three categories:

- Vaccinated International Travel
- Unvaccinated Domestic Travel
- Unvaccinated International Travel

Lastly, as mentioned in the FAQ, communal water fountains are off limits. Please remember to send your child to school with their own personal water bottle.

With these reminders, we continue to keep one goal at the forefront - to keep our schools safe and open. Thank you so much for your continued support and all you do to keep our community one of the top rated and safest in the State!

Regards,

Scott
Superintendent of Schools