

SOUTH BRUNSWICK TOWNSHIP PUBLIC SCHOOLS

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Dear South Brunswick School Community,

You may have seen that the mask mandate that was in effect till sunset tomorrow has been extended by the Governor. To that end, our amazing nurse team wanted to share some important and helpful tips on masking.

1. It is important and best practice to discard surgical/disposable masks daily or when soiled. In addition, cloth masks should be washed daily.
2. We are also asking that students bring with them to school extra masks in the event there is an issue and the student needs a new mask. As we do have some on site, we recommend you provide your own so that they are using a well-fitted and comfortable mask.
3. The CDC has updated their recommendations for mask type. Here is a good explanation of the Do's and Don'ts of choosing a mask:
 - a. **DO** use masks that:
 - i. Have two or more layers of washable, breathable fabric
 - ii. Completely cover your nose and mouth
 - iii. Fit snugly against the sides of your face and don't have gaps
 - iv. Have a nose wire to prevent air from leaking out of the top of the mask
 - b. **DON'T** choose masks that:
 - i. Are made of fabric that makes it hard to breathe, for example, vinyl
 - ii. Have exhalation valves or vents which allow virus particles to escape
 - iii. Are specially labeled "surgical" N95 respirators, as those should be prioritized for healthcare personnel

We also want you to know that we are expecting a significant update from the NJDOH on quarantine guidelines and will also be providing updates on Covid testing. We expect to have this out to our school community by the end of the week.

We also want to thank you for your continued patience and support in this ever-changing dynamic of having school during a pandemic.

Thank you,

A handwritten signature in black ink, consisting of a stylized, cursive name followed by a horizontal line.

Scott and Your Incredible Nursing Team